## accessible swim sessions





relaxed, fun, quiet music, exercise, movement in the water @ freedom leisure Crowborough

starting; 20.02.18, tuesdays, 10.00-11.00am, term time only

Inclusive swim session suitable for people with physical disabilities, learning disabilities and people living with dementia

flotation equipment available

Pool session assisted by a swimming teacher to provide help, guidance, or just a supportive friendly face.

on-site concession swim price i-go card holders= carer goes free



for more information please call 01892 665488 or email crowboroughenquiries@freed om-leisure.co.uk

